
2024 International SADS Foundation Conference

Chicago, Illinois

Kids and Teens Agenda

Friday, November 8, 2024

12:00 pm	Family and kids registration begins	
1:20 pm	Welcome	
1:25 pm	Icebreakers	
1:40 pm	Special activity - GC students, Carolyn Raski	
2:30 pm	How Your Heart Works!	Jeff Hong, MD
2:45 pm	Break and Snack	
3:00 pm	Your AED and How to Care for It & CPR Relays	
4:00 pm	Elevator Speeches & Games	
4:55 pm	Conclude Day 1	
5:00 pm	Reception - light refreshments and activity	

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Saturday, November 9, 2024

8:00 am	Welcome and Breakfast	
8:20 am	What about Exercise and Sports?	Pete Aziz, MD
8:50 am	Break and game	
9:00 am	Let's Talk About ICDs	Brynn Dechert, CPNP
9:20 am	Music therapy activity	Lurie Child Life Specialist
10:00 am	Break and Snack	
10:10 am	Living with a SADS condition	Susan Etheridge, MD
10:30 am	Kids - Write Your Story	Genetic counseling students
10:30 am	Teens - No Parents Allowed	Michael Ackerman, MD, PhD
11:00 am	Mindfulness exercise	Devin McNulty, PhD
11:10 am	Theater games and therapy dogs	
12:00 pm	Lunch	
12:30 pm	Extract DNA from a strawberry	Genetic counseling students
1:00 pm	Your family tree and genetics	Sara Cherny, CGC
1:30 pm	Research - Beating heart cells in a dish!	
1:50 pm	Break	
2:00 pm	Art therapy activity	Lurie Child Life Specialist
3:00 pm	How to Tell Your Friends	
3:30 pm	SADS Kids Take a Bow	
4:00 pm	Conference Closing	