



2024 International SADS Foundation Conference Chicago, IL • Nov 8-9, 2024

Kids and Teens Agenda Friday, November 8, 2024

12:00 pm	Family and kids registration begins
1:20 pm	Welcome
1:25 pm	Icebreakers
1:40 pm	Special Activity
2:30 pm	Your AED and How to Care for It & CPR Relays
3:30 pm	Break and Snack
3:40 pm	Elevator Speeches
4:25 pm	How to Tell Your Friends
4:55 pm	Conclude Day 1
5:00 pm	Reception - light refreshments and activity



2024 International SADS Foundation Conference Chicago, IL • Nov 8-9, 2024

Kids and Teens Agenda Saturday, November 9, 2024

8:00 am	Welcome and Breakfast	
8:20 am	How Your Heart Works!	Jeff Hong, MD
8:50 am	Break and game	
9:00 am	Let's Talk About ICDs	Brynn Dechert, CPNP
9:20 am	Music therapy activity	Lurie Child Life Specialist
10:00 am	Break and Snack	
10:10 am	Living with a SADS condition	
10:30 am	Kids - Write Your Story	Genetic counseling students
10:30 am	Teens - No Parents Allowed	Michael Ackerman, MD, PhD
11:00 am	Mindfulness exercise	Devin McNulty, PhD
11:10 am	Theater games	
12:00 pm	Lunch	
12:30 pm	Extract DNA from a strawberry	Genetic counseling students
1:00 pm	Your family tree and genetics	Sara Cherny, CGC
1:30 pm	Research - Beating heart cells in a dish!	
1:50 pm	Break	
2:00 pm	Art therapy activity	Lurie Child Life Specialist
3:00 pm	What About Exercise and Sports?	
3:30 pm	SADS Kids Take a Bow	
4:00 pm	Conference Closing	